

THE IMPACT OF OCCUPATIONAL STRESS ON THE PRODUCTIVITY OF QUANTITY SURVEYING PROFESSIONALS IN THE CONSTRUCTION INDUSTRY IN SRI LANKA

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Abstract

This research study intentions to examine on the occupational stress causing factors for quantity surveying professionals working in the construction industry in Sri Lanka, which are persistent at organizational level, and their impacts to the ultimate productivity of quantity surveyors. The organizational stressors causing occupational stress for quantity surveying professionals, and the consequences of work-related stress together with the strategies for prevention of work stress that could be implemented at organizational level were studied. A structured questionnaire was used as the primary data collection method targeting Quantity Surveyors working in the Sri Lankan construction industry, to identify the impact of work stress on productivity. Twenty three stressors under administrative factors, organizational structure, organizational process and working conditions; were identified as substantial in causing work-related stress for quantity surveying professionals. Further it was established that organizational stressors possess a significant variance of work-related stress among Quantity Surveyors. Impact of occupational stress of Quantity Surveying professionals for decreased productivity can be effectively managed and controlled to enhance employee productivity by implementing primary, secondary and tertiary occupational stress management strategies at the organizational level.

Key words: *Occupational stress, administrative factors, organizational structure, organizational process, working conditions, productivity, stress prevention*