

ASSOCIATED FACTORS FOR EFFICIENT DEVELOPMENT OF SCHOOL SPORTS SYSTEM FOR NATIONAL LEVEL SPORTS IN SRI LANKA

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Sports have turn out to be a global social phenomenon. Sports can be used as a platform for attaining many social goals and resolving persisting social issues. The development of Sri Lankan sports depends on many factors and yet the developments are not satisfactory with regard to national level sports. The development of national level sports mainly depends on schools sports. Therefore, through this study it was intended to identify the major factors associated with efficient sports development in schools in Sri Lanka. Furthermore, it was aimed at identifying problems faced in development phase, and at giving suggestions to minimize those problems. The sample of research was 66 physical education teachers (n=66) from randomly selected schools in Kurunegala district. A likert scale structured questionnaire was used to collected data and data analysis was conducted using MiniTAB statistical data analysis software to elaborate the results. Methods used to analyze data were General

Linear Model and Multiple Linear Regression. The Cronbach's alpha obtained with the present sample was 0.848. The findings of the research indicated that factors like human resources, physical resources and administration and policies affect more for the efficient development of school sports, and factors such as talent identification, technology and sociocultural determinants are least influencing factors on efficient sports development in schools. According to the research findings it can be concluded that efficient development of sports in Sri Lankan schools can be enhanced by developing the human resources, physical resources and administration policies which also affect national level sports directly.

Keywords: School sports development, Human resources, Physical resources, Talent identification, Technology and socio cultural determinants