1. Sri Lanka is the 53rd most populated nation in the world. Comparing with some most populated nations in the world Sri Lankan population can be considered as a less number. Sri Lanka is a multilingual, multi-religious and a multicultural country. The different ethnic groups have their own religions, languages and own cultures. The main ethnic group lives in Sri Lanka is Sinhala.

2. The Sinhala population is larger than the other ethnic groups in Sri Lanka when it is compared with the world population other minority ethnic groups such as Tamils and Muslim nationalities live in other countries in large numbers higher than the Sinhala population in Sri Lanka. It is a well-known fact that the present population growth in Sri Lanka has continued to decline compared to the past. As well as that deferent ethnic groups shows differences in their population growth rates.

3. Regarding the population growth rate of Sinhala community, there are some assumptions about Sinhala community and family planning in Sri Lanka accordingly the economic condition, small family concept, women career life, and late marriage are the some of the motivation factors for the family plan in Sinhala community.

4. Muslims are willing to have more children than other ethnic groups as well as Tamils show more willingness than Sinhalese. Sinhalese are more concern about their economic status than other ethnic groups when thinking the number of children. Muslim families have around seven children while most of the Muslim women think it as a trouble and most of the Tamils have more children even when they don't plan due to the poor education, lack of knowledge on birth controlling and negligence.

5. Under the above circumstances, it is clear that the Sinhala community of Sri Lanka will become the lowest population in the Sri Lanka also intention of the family planning of Sinhala community will be the main reason.